

Writing from the Inside Out: Art Therapy & Creative Writing Workshop



Dates: Tuesday May 29, 2018

Time: 6pm-9pm

Venue: Temple Ganesh
191 Fraser Rd
Mullumbimby Creek

Cost: \$40

Includes: Integrated art therapy & creative writing workshops, delicious vegetarian soup, sweet treats & chai tea

Minimum Nos: 5 participants

How to pay: Bookings essential: RSVP or see link <http://www.qwiller.com.au/e-resources/creative-writing-retreats-and-workshops/writing-from-the-inside-out>



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RSVP Linda
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Be Free Linda
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Counselling & Psychotherapy

In the **Writing from the Inside Out** workshop you will use simple art therapy processes & creative writing to release and reframe your own stories. This workshop provides an opportunity for you to meet yourself anew in a safely held group.